

# RESOURCES FOR RESPONDING TO A DISCLOSURE OF SEXUAL ASSAULT

This guide can be used to assist a person disclosing a sexual assault in making informed decisions and to learn about available resources. While it is not an exhaustive list (please visit [umanitoba.ca/student/sexual-assault](http://umanitoba.ca/student/sexual-assault) for more on-campus and off campus resources and supports), it contains the primary resources.

**Please note:** in rare circumstances, you may need to contact **campus security (555) and/or 911 if someone requires immediate medical attention** (e.g., unconscious, bleeding) **and/or their physical safety is compromised and/or threatened** (e.g., you are informed that someone is currently sexually exposing themselves in the tunnels on campus).

The University of Manitoba encourages all individuals who have been sexually assaulted to consider accessing the services of the **Sexual Assault Crisis Program [SACP]** at Klinik and/or the **Sexual Assault Nurse Examiner program [SANE]**. SACP and SANE are part of the **SEXUAL ASSAULT RESPONSE TEAM [SART]** in Winnipeg, which also include the Winnipeg Police Service [WPS], Royal Canadian Mounted Police (see below) and Manitoba Justice.

By reaching out to SACP and/or SANE, an individual will receive help from people who have extensive experience and skill in assisting individuals who have been sexually assaulted. Connecting with SACP and/or SANE can help empower the individual in their decision making process and may minimize further trauma by limiting the number of places, times, and people an individual may have to disclose to in order to receive the help they need.

If the person is interested in comprehensive and/or specialized services, where **medical, legal, and counselling information** can be addressed in one place, consider the following **two options**:

## SEXUAL ASSAULT CRISIS PROGRAM [SACP], KLINIK

- **SACP is a 24/7 provincial service.**
- SACP provides medical/legal advocacy, counselling and information to victims of sexual assault and those who care about them.
- SACP can be directly accessed; no medical or police involvement is necessary.
- Work closely with other Sexual Assault Response Team members to ensure the client receives the best possible support in the critical time following a sexual assault.
- 1-888-292-7565 or [klinik.mb.ca](http://klinik.mb.ca)

## SEXUAL ASSAULT NURSE EXAMINER [SANE], HEALTH SCIENCES CENTRE

- **SANE is a 24/7 Winnipeg service available up to 120 hours after an assault for those 17 years of age and older who have been sexually assaulted within Winnipeg.**
- SANE provides options and choices about medical care (including medications to prevent infection and pregnancy), evidence collection and/or police reporting provided by female Registered Nurses. Assists with connecting an individual with counseling services.
- Attend Health Sciences Centre Emergency Department, call 204-932-6900 or visit [hsc.mb.ca/emergencynurseexam.html](http://hsc.mb.ca/emergencynurseexam.html)

## LAW ENFORCEMENT

**WPS** and **RCMP** are SART member organizations that provide specialized **LEGAL** service, which can either be accessed directly or through the support of **SACP**, and/or **SANE** comprehensive services (see above). If an individual is interested in speaking directly with law enforcement it is important to understand the following:

- The primary roles of police in responding to reports of sexual offences are to ensure the safety of the client and to conduct an investigation.
- When a sexual assault report is made to law enforcement, the police will try to interview the client as soon as possible.
- **Please note that police are required to lay a charge (whether or not a victim wishes to proceed with the matter) when there are reasonable grounds to believe an assault has occurred in a domestic situation, past or present.**
- WPS Non-Emergency, 204-986-6222; RCMP, call local detachment office.

If the person is **NOT** interested in above services, but wanting support for a **SPECIFIC** need, see options below.

### MEDICAL HELP

**For pregnancy prevention, STI / HIV testing or treatment, or other medical care suggest:**

- University Health Service (U of M) (204-474-8411)
- The individual's family physician
- Any Walk-in Clinic or STI clinic
- Any hospital emergency room (if within 5 days will have the option of being transported to SANE program at HSC for care).

### LEGAL HELP

**For reporting and/or legal help suggest:**

- University of Manitoba Security Services (Emergency – 555; Non-Emergency – 204-474-9341)
- Office of Human Rights and Conflict Management (204-474-6348)
- WPS Victim Services (204-986-6350)

### COUNSELLING HELP

**For emotional support and healing suggest:**

- Student Counselling Centre - University of Manitoba students only (204-474-8592 or drop-in)
- Employee and Family Assistance Program - University of Manitoba staff only (1-800-387-4765)

### SAFETY AND SUPPORT PLANNING HELP

**For coordinated safety planning on and off campus and/or academic planning if studies have/will be affected:**

- Student Support Case Manager (204-474-8196)

## IMPORTANT CONSIDERATIONS

- Support the individual's decision including if they decide to not use any of the above services at this time.
- Remember to get support for yourself.



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